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Dutch health care system

CPB Netherlands Bureau for Economic Policy Analysis

Early experiences with the Dutch Health Care System

Coen Teulings

Harvard
October 14
2008

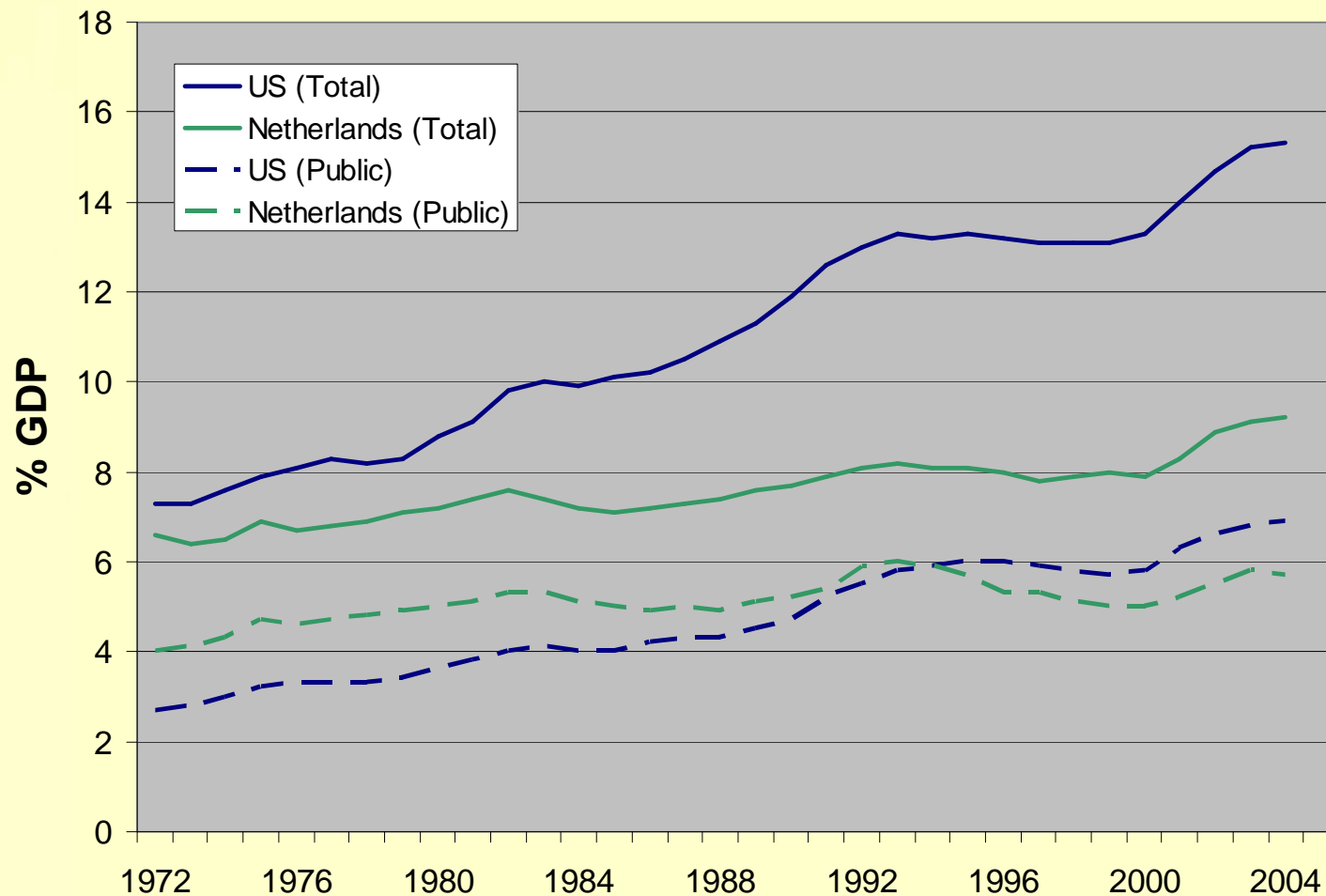
- Health care expenditure
- Dutch health care reform in 2006
- Why reform?
- Some institutional details
- First evaluation

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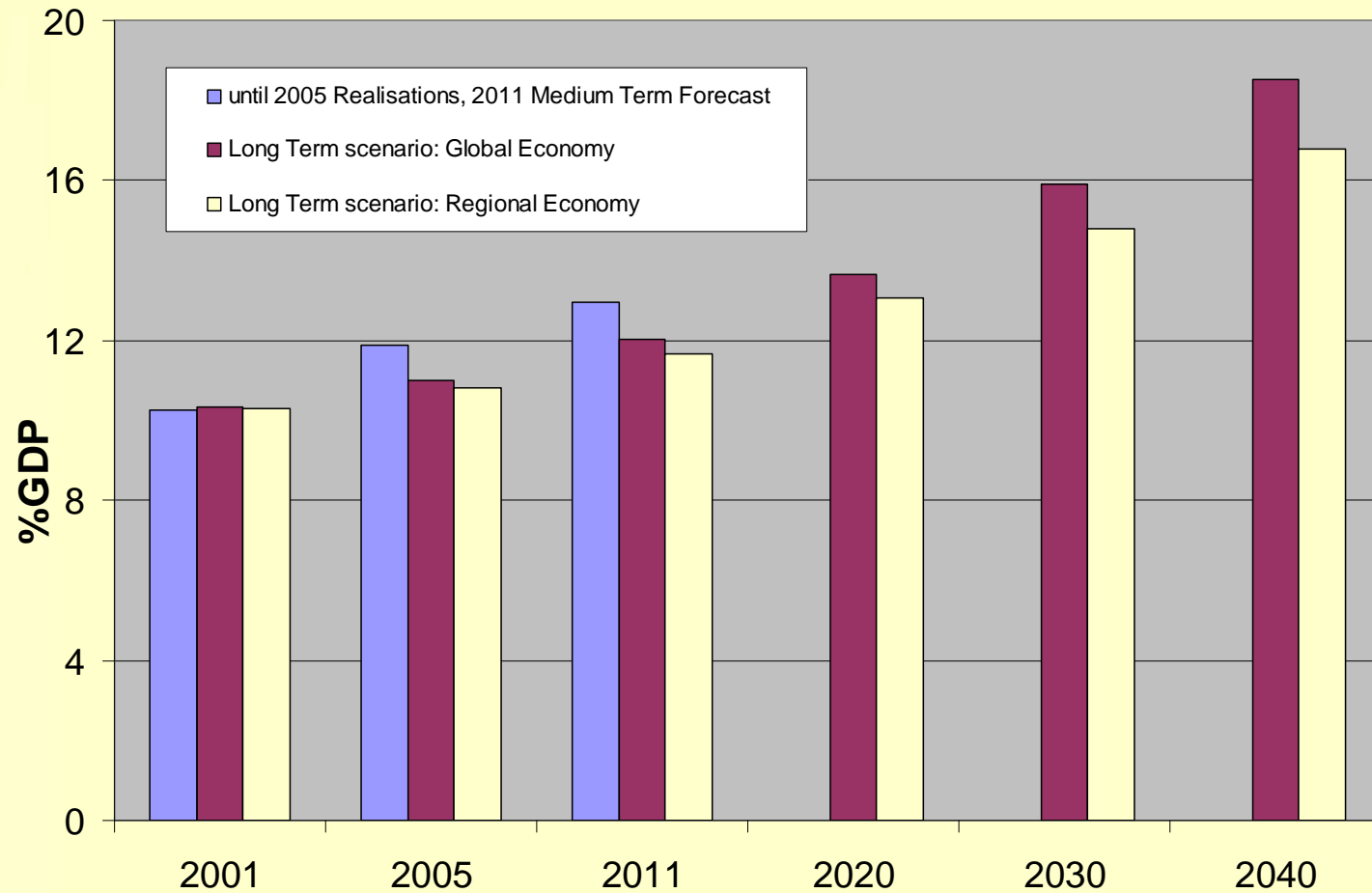
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Health care expenditure



Projections: Total Dutch health expenditure



Health care Reform 2006

- Basic care services
- Integration private and public insurance
- Mandatory insurance
- Large basic benefit package
- Open enrollment / Community rating
- Compensation for lower incomes
- System of regulated competition
 - ▶ insurance market
 - ▶ provider market
 - ▶ introduction of regulators

Why reform?

- Dissatisfaction with public budgets
 - ▶ Long waiting lists
 - ▶ Perceived low quality
 - ▶ Inefficient provision of health care
- Adverse selection in private insurance
- Rising health care expenditure(?)

Basic benefit package

- definition in functions of care
- "in kind" or "reimbursement"
- preferred provider contracts
- mandatory deductible
- voluntary deductibles
- premium rebate (<10%) group contracts

Evaluation:

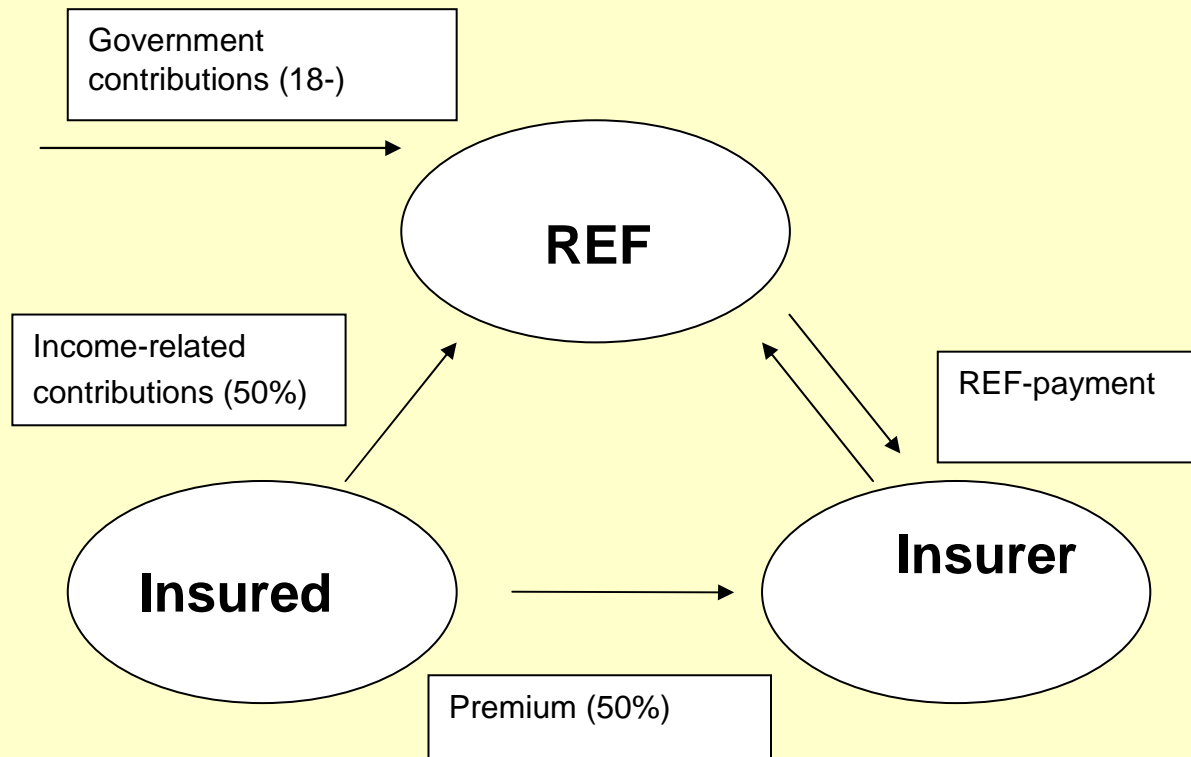
- +: increases consumer choice
- +: tools for improving efficiency
- -: tools for risk selection

Risk adjustment

- Advanced system of risk adjustment
 - to avoid adverse selection
 - best in the world?

■ Risk Adjusters	Explanatory Power
■ age, sex	2%
■ kind of income	2%
■ urbanization	2%
■ pharmaceutical cost	10%
■ hospital costs	4%
■ SES	<u>1%</u>
	21%

Payment system and Risk Equalization Fund (REF)



Evaluation: Insurance market

- ▶ Premium war in 2006 and 2007
(average loss of 40 euros per enrollee)
- ▶ Increasing number of group contracts
(diabetics, elderly, banks, vegetarians(?) etc.)
- ▶ Many consumers switched health insurer
(2006:19%, 2007:4%, 2008: 3%)
- ▶ Mergers (4 large concerns have 90% market share)
- ▶ 1.5% population is uninsured
- ▶ Few risk-selection problems
- ▶ High degree of ex post equalization
(insurers' risk on health expenditures is 'only' 50%)

Evaluation: Hospital market

- ▶ Introduction of new payment system
 - A-segment (30%, prices freely negotiable)
 - B-segment (70%, budgets)
- ▶ More transparency needed (quality, volume)
- ▶ For-profit hospitals in 2012 (?)
 - Growth in number of clinics
- ▶ Vertical relations with insurers:
 - “in kind” contracts are crucial but uncommon usually associated with some selection
 - Mergers not present (yet)
risk of anti-competitive foreclosure